Sport Hall Sokol Kobylisy, Prague 8, U Skolské zahrady 430/9

#### **INFORMATIONS**

CZECH TRADITIONAL FUDOKAN SHOTOKAN

**KARATE FEDERATION** 

fudokan@volny.cz

www.fudokan.cz

# Seminar and 4th Fudokan Open Cup Prof.Dr.Ilija Jorga Soke 10 Dan

SEMINAR June 1, 2018

19.00.-21.00 training for all Groups

June 2, 2018

09.00 – 10.30 training for all Groups 10.30 – 11.30 seminar for coaches 13.00 – 14.30 training for Group 9-6 kyu 14.30 – 16.00 training for Group 5 kyu- Dan

16.00 – 17.00 seminar for coaches

June 3, 2018

09.00 – 10.00 training for Group 5 kyu- Dan 10.00 – 11.30 training for Group 9-6 kyu 12.00 FUDOKAN OPEN CUP

PLACE: Sport Hall Sokol Kobylisy, Prague 8, U Skolské zahrady 430/9

PRICE: Children 13 years and younger 40,-Eur

Children 14 years and older and adults 55,-Eur

## 4th Fudokan Open Cup Prof.Dr.Ilija Jorga Soke 10 Dan

Hosted by Organized by

Date

Czech Traditional Fudokan Shotokan Karate Federation

Rajawali Sakti Karate Club

June 3, 2018

### **SCHEDULE & PROGRAM**

Athlete registration June 2, 2018 Place: Sport Hall Sokol Kobylisy, Prague 8, U Skolské zahrady 430/9

Athlete registration

June 2, 2018 8.45-9.15

June 3,2018 Place: Sport Hall Sokol Kobylisy, Prague 8, U Skolské zahrady 430/9

Official opening ceremony 12.00

eliminations, semifinals, finals children – cadets - juniors - seniors

## **COMPETITION CATEGORIES - CHILDREN**

Children (born in 2012-2011)	Children (born in 2010-2009)	Children (born in 2008-2007)	Children (born in 2006-2005)
*Individual Kata Girls A-B-C			
*Individual Kata Boys A-B-C			
Team Kata Girls	Team Kata Girls	Team Kata Girls	Team Kata Girls
Team Kata Boys	Team Kata Boys	Team Kata Boys	Team Kata Boys
Kihon Kumite Girls	Kihon Kumite Girls	Kihon Kumite Girls	Jyu Ippon Kumite Girls
Kihon Kumite Boys	Kihon Kumite Boys	Kihon Kumite Boys	Jyu Ippon Kumite Boys
	En-bu Mixed	En-bu Mixed	En-bu Mixed
	En-bu Boys	En-bu Boys	En-bu Boys

<sup>\*</sup> INDIVIDUAL KATA - GROUP A: 9 - 7 KYU, GROUP B: 6 - 4 KYU, GROUP C: 3 KYU - DAN

### KIHON KUMITE

- 1. Oi-Tsuki-Jodan forward
- Age-Uke/Gyaku-Tsuki backward
  Uchi-Uke/Gyaku-Tsuki backward
- 3. Gyaku-Tsuki Chudan forward5. Mae-Geri-Chudan forward
- 6. Gedan-barai/Gyaku-Tsuki backward

## JYU IPPON KUMITE

Attacker: Oi-Tsuki-Jodan, Gyaku Tsuki-Chudan, Uraken Uchi Jodan,

Mae Geri Chudan, Mawashi Geri Jodan, **Defender:** Uke-waza + Counterattack

#### **COMPETITION CATEGORIES – CADETS – JUNIORS – YOUTS - SENIORS**

Cadets	Juniors	Youths	Seniors
(born in 2004-2003)	(born in 2002-2001)	(born in 2000-1999- 98)	21 years and older
Individual Kata Female	Individual Kata Female	Individual Kata Female	Individual Kata Female
Individual Kata Male	Individual Kata Male	Individual Kata Male	Individual Kata Male
Team Kata Female	Team Kata Female	Team Kata Female	Team Kata Female
Team Kata Male	Team Kata Male	Team Kata Male	Team Kata Male
En-bu Mixed	En-bu Mixed	En-bu Mixed	En-bu Mixed
Enbu M-M	Enbu M-M	Enbu M-M	Enbu M-M
Individual Kumite Female	Individual Kumite Female	Individual Kumite Female	Individual Kumite Female
Individual Kumite Male	Individual Kumite Male	Individual Kumite Male	Individual Kumite Male

PARTICIPATION FEES: Children: 10 Eur per person and category, 15 Eur per team and category

Cadets, Juniors, Seniors: 15 Eur per person and category, 20 Eur per team and

category

**APPLICATION FORM** Please send to: fudokan@volny.cz - before March 25, 2018

**ACCOMMODATION AND BOARD** Reservation of accommodation - please, send your request to mail:

fudokan@volny.cz - before March 25, 2018

Each National Team must provide each registered participant (athlete, visitor, judge) with the appropriate insurance. In particular, all competitors must have the International Insurance stipulated by their National Federation. The organizers are not responsible for any injury, damage, theft, loss or cost suffered in connection with the event. Personal belongings are always the responsibility of the owner.

If you have any questions, please contact the Czech Traditional Fudokan Shotokan Karate Federation, Dipl.Ing. Rachmy Soebajo phone +420-608703235, mail: fudokan@volny.cz

We wish you a very pleasant stay and are looking forward to welcoming you soon at the 4<sup>th</sup> Fudokan Open Cup Prof.Dr.Ilija Jorga Soke 10 Dan

Yours sincerely,

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Dipl. Ing. Rachmy Soebajo, 9 Dan Tournament Organizing Committee Chairman